



Your Ready Supply Kit CheckList

- ☐ Water, one gallon of water per person per day, for drinking and keeping clean
- ☐ Food, at least a three-day supply of food that won't go bad
- ☐ Battery-powered radio and extra batteries
- ☐ Flashlight and extra batteries
- ☐ First Aid kit
- ☐ Whistle to signal for help
- ☐ Dust mask or cotton t-shirt, to help filter the air
- ☐ Moist towelettes for keeping clean
- ☐ Wrench or pliers to turn off utilities
- ☐ Can opener for food (if kit contains canned food)
- ☐ Plastic sheeting and duct tape to shelter-in-place
- ☐ Garbage bags and plastic ties for personal sanitation



If your family lives in a cold weather climate, you must think about how to stay warm. It is possible that the power will be out and your family will not have heat. So, add one complete change of warm clothing and shoes for each person in your family, including:

- ☐ A jacket or coat
- ☐ Long pants
- ☐ A long sleeve shirt
- ☐ Sturdy shoes
- ☐ A hat and gloves
- ☐ A sleeping bag or warm blanket for each person



Other helpful items your family might think about putting in the kit:

- ☐ Emergency information such as a first aid book or a print out of this web site
- ☐ Rain gear
- ☐ Paper cups, plates and plastic utensils
- ☐ Money
- ☐ Paper towels
- ☐ Fire Extinguisher
- ☐ Tent
- ☐ Compass
- ☐ Matches in a waterproof container
- ☐ Signal flare
- ☐ Paper, pencil
- ☐ Medicine dropper
- ☐ Feminine supplies
- ☐ Supplies to keep you clean, like a toothbrush or soap
- ☐ A cleaner to kill germs
- ☐ Household chlorine bleach
- ☐ Bleach can be used to clean the water and to kill germs, but only adults should do this.



You also might want to add a few things to the kit that are just for you:

- ☐ Some of your favorite books
- ☐ Board games
- ☐ Digital music players, CD players, walkmans or handheld video games (with extra batteries)
- ☐ A puzzle with lots of pieces
- ☐ Deck of cards
- ☐ Favorite stuffed toy or puppet
- ☐ Pictures of family, pets, or friends

